Protecting You and Your Baby Vaccines Recommended in Pregnancy



Did you know?
Vaccines are well studied in pregnancy and not shown to increase risks for the developing baby.

Flu Shot

The flu during pregnancy increases your chance of getting very sick. This can lead to pregnancy problems, hospitalization, and even death.

GET VACCINATED with the flu shot every year, in any trimester of pregnancy.

COVID-19 Vaccine

COVID-19 infection in pregnancy increases your chances of pregnancy problems, being hospitalized, needing a ventilator, and death.

GET VACCINATED with the updated COVID-19 vaccine every year, in any trimester of pregnancy.

RSV Vaccine

RSV (respiratory syncytial virus) can cause severe illness in babies. Getting the vaccine in pregnancy protects the baby from RSV after delivery.

GET VACCINATED with the Abrysvo® RSV vaccine in weeks 32-36 of pregnancy between September and January. (RSV season may differ in some areas. Check with your healthcare provider.)

Tdap

Pertussis (whooping cough) can be serious and even life threatening for young babies. Getting the Tdap vaccine in each pregnancy protects the baby from pertussis after delivery.

GET VACCINATED with Tdap in the third trimester (27-36 weeks) of every pregnancy.



Did you know?
Studies show that
antibodies you make after
getting vaccinated in
pregnancy pass to your
baby and can protect them
for months after they are
born.



For more information about vaccines or other exposures in pregnancy or lactation, call 866-626-6847, text 855-999-3525, or visit https://mothertobaby.org/ to live chat or email and access fact sheets, baby blogs, podcasts and more!